

PEMBROKE HILL RAIDERS
COVID Protocols for Winter Sports 2020-21
Updated: Jan. 7, 2021

Pembroke Hill School's objective is to allow our student-athletes the opportunity to participate in contests in their sport while keeping them as safe as possible. We have considered the latest guidelines from local health departments and from the school's Health Impact and School Triggers Task Force in developing guidelines for our winter sporting events. Public health information is rapidly evolving, and it is important to remember that these guidelines may change.

Basketball

- Beginning January 11, there will be a limit of 2 spectators per player on the roster.
- Spectators will be allowed to watch only the game their child would participate in and we ask that they leave immediately at the conclusion of the game.
- There will be no admission fees for spectators.
- Only players, coaches, managers, essential personnel and 2 spectators listed on the pass list will be allowed in the building.
- Essential personnel will include officials, score table/PA personnel, livestream videographer and administrators.
- All players, coaches, managers, essential personnel, spectators and officials will be required to wear face masks properly at all times.
Players will also be required to wear face masks while warming up and competing. Officials must also wear face masks during competition.
- Everyone not involved in active competition will be expected to maintain 6 feet social distancing.
- All visiting team players, coaches, managers, spectators and athletic trainers will have their temperatures taken upon arrival. Individuals with a temperature above 100.4 degrees will not be allowed into the contest.

- Locker rooms will not be available. Players should travel dressed in their uniform/sweats and ready for the contest. Teams will remain at their bench area for pregame and halftime meetings. A dry erase board will be provided for teams to use at their bench.
- Team benches will have chairs spaced six feet apart. Each player is assigned a chair for their game and that player will be responsible for wiping it down with sanitizing wipes after their game.
- No visiting cheerleaders will be allowed.
- Concessions will not be available.
- Restrooms will be available with a limit of two people at a time.
- Livestreaming is planned for all varsity, JV and C team contests, both home and away. **Contests will be streamed on the Pembroke Hill Athletics youtube page.** Plans are being developed to livestream middle school basketball games. Here is the link <https://www.pembrokehill.org/athletics/live>

Wrestling

The wrestling program will continue to practice and condition until January 15, 2021. No contests are scheduled against opponents during this time. Before January 15, a decision will be made regarding the remainder of the season.

Girls Swim & Dive

Girls swimmers and divers will continue to practice in January and February. The first meet is scheduled for mid-January. We will participate in small meets and work to schedule additional small meets throughout January and February in preparation for the state competition. The swimmers and divers will practice at nearby YMCA pools, and we will follow all COVID protocols established for their facilities.