

Odessa Invitational

Friday March 31st



ODESSA INVITATIONAL | | MEET INFORMATION

Meet Director: Allan Twilligear 816-633-5533

Location: Odessa High School

Coaches Meeting: 3:30 pm in the gym

Entries: Entries will be made online at TRXC Timing.

Entries are due March 29th at 4:00 pm Online Entry Form.

Scratches/Changes: Coaches can manage their entries online until March 31st at 9:00 am Scratches/Changes.

Performance List: Performance List

Heat/Flight: <u>Heat/Flight</u>

Entry Questions: Rich Schilling, TRXC Timing (314) 522-6176 rich@trxctiming.com

Entry Limits: 2 per event, 1 relay

Entry Fee: \$150 Per School or \$75 per gender

Time: 3:30 – Coaches Meeting 3:30 – Field Events 4:30 – Running Events

Scoring: Placing 8 with scoring of 10-8-6-5-4-3-2-1

Awards: 1st & 2nd Plagues. Top 4 per Event, Top 3 per Relay

Admission: Adults \$4.00 Students \$3.00

Track Guidelines: ¼" Spikes – **Do Not use Tape on Track or Runways**

Bus Parking: Park busses & other vehicles on Service road just south of building if arriving prior to

3:05 pm due to our bus routes pickup.

Teams will have access to enter from the S. end of track to unload

Tents: Team Camps must be set up behind the Home Side Bleachers inside the fence

Starter: Scott Thomas & Ed Columbus

Jury of Appeals: Scott Thomas (Starter), Ed Columbus (Starter), Allan Twilligear –Odessa,

Rusty Adams - Oak Grove, Steve Cook- Lafayette Co, Mike Long - Richmond

Concession Stand: Will be provided by the Odessa Optimist Club

Add. Info: Javelin will be on the field SE of track with a Grass runway

SP & Discus are located just west of Track Area, These area have plenty of exposed dirt around them, if we have rain during the week it will be in the athletes best interest to

bring two pairs of shoes and plenty of towel.

Coaches are not to be near the finish line or the infield unless you're assigned there

Keep all athletes off the football field.

Coaches will receive a meal voucher for food from the concession stand



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Odessa Invitational | | TIME SCHEDULE

Field Event 3:30 pm

Throw Events will be in 4 Flights with 4 attempts

LJ & TJ will be caf. style 4 att. 1 hr to complete

Javelin will be contested after SP & Discus

3:30 G – Pole Vault

G - Triple Jump (South Pit)

B – High Jump

B – Long Jump (North Pit)

B - Shot Put

G – Discus

4:45 B – Pole Vault

B – Triple Jump

G – High Jump

G – Long Jump

G - Shot Put

B – Discus

B&G – Javelin after Shot & Discus

Running Events 4:30 pm Rolling Schedule

Women's 4X 800 meter relay Men's 4X800 meter relay Women's 100 meter hurdles Men's 110 meter high hurdles Women's 100 meter dash Men's 100 meter dash Women's 4X200 meter relay Men's 4X200 meter relay Women's 1600 meter run Men's 1600 meter run Women's 4X100 meter relay Men's 4X100 meter relay Women's 400 meter dash Men's 400 meter dash Women's 300 meter hurdles Men's 300 meter hurdles Women's 800 meter run Men's 800 meter run Women's 200 meter dash Men's 200 meter dash Women's 3200 meter run Men's 3200 meter run Women's 4X400 meter relay

Men's 4X400 meter relay