



SMITHVILLE JUNIOR VARSITY INVITATIONAL Track & Field Meet

Wednesday, March 29th, 2017

Enclosed you will find all the details concerning the Smithville Invitational Track Meet. If you have any questions, please contact...

- Alex Moore at moorea@smithville.k12.mo.us
- Leslie Dickherber at dickherl@smithville.k12.mo.us

1. **ENTRIES:** submit all entries at www.athletic.net by **noon, March 28th**. The name of our meet will be "Smithville Invitational 2017". The meet will **open for entries on March 20th**.
2. **FEES:** The **entry fee is \$75** for each school. Gate admission will be \$5 per adult and \$3 per student.
3. **LIMITATIONS:** You may have **three entries** in all individual events, one in relays. An individual athlete may enter and participate in four events (track and/or field).
4. **WEATHER:** In case of bad weather, we will call by noon. The rain date for the Smithville Invitational is TBA if enough teams have interest. Please e-mail us your contact information so we can communicate in case of inclement weather.
5. **SCRATCHES:** A scratch meeting will be held at 3:20pm in the lower level of the block house (*located adjacent to the starting line of the 100m Dash*). Only scratches will be allowed at the meeting. **Additions and substitutions may be made on athletic.net until noon on March 28th**. After that point, only scratches will be allowed.
6. **RUNNING EVENTS:** No preliminaries. Finals will be heated based upon entry times. Finals will begin at **4:30pm** and will follow the standard order of events with Girls first, and then the Boys.

3200m Relay	400m Dash
100/110m Hurdles	300m Hurdles
100m Dash	800m Run
800m Relay	200m Dash
1600m Run	3200m Run
400m Relay	1600m Relay
7. **FIELD EVENTS:** The field events will be **Finals Only**, with 4 attempts beginning at **4:00pm**. The Long and Triple Jumps will be run cafeteria style with a 75-minute time period to finish.

Throwing Events

Javelin (Boys then Girls)
Shot Put (Boys then Girls)
Discus (Girls then Boys)

Jumping Events

Pole Vault (Girls then Boys)
High Jump (Girls then Boys)
Triple Jump: South Pit (Boys then Girls)
Long Jump: North Pit (Girls then Boys)

8. **IMPLEMENT WEIGH IN:** at high school (near front doors) beginning at 3:15pm.

9. **SCORING:** 10-8-6-5-4-3-2-1

10. **FACILITY:** The track and runways at Smithville High School are all-weather surfaces. Please be sure that your athletes have 1/8 inch spikes – no needles or pyramid spikes. Also, we ask that no tape be used on the runways or on the track. Chalk will be provided.

11. **WORK ASSIGNMENTS:** Job list is below – if you cannot help with your assigned event, we may switch jobs at the coaches meeting.

SCHOOLS PARTICIPATING: *(Jobs may be switched at coaches meeting)*

HARRISONVILLE

1st place timer

ST PIUS

2nd place timer

PLATTE COUNTY

3rd place timer

OAK GROVE

Discus

MARYVILLE

Long Jump

PLEASANT HILL

Triple Jump

KEARNEY

Pole Vault

SMITHVILLE

High Jump

Shot Put

Javelin

Relay Judges

4-8th Place Timers

- SMITHVILLE HIGH SCHOOL DISMISSES AT 2:35 PM. PLEASE DO NOT ARRIVE PRIOR TO 2:50 PM. ARRIVING EARLY WILL CAUSE TRAFFIC PROBLEMS IN THE PARKING LOT. THANK YOU FOR YOUR HELP WITH THIS.
- ALL TENTS MUST BE SET UP OUTSIDE OF THE FENCED AREA.
- WE HAVE A TURF FOOTBALL FIELD, SO SUNFLOWER SEEDS AND GUM WILL NOT BE ALLOWED INSIDE THE FENCED AREA.
- THE BULLPEN WILL BE LOCATED AT THE STARTING LINE FOR THE 100/110 Hurdles AS WELL AS THE 100m DASH. THE BULLPEN FOR ALL OTHER RACES WILL BE LOCATED ON THE INFIELD.
- RESULTS WILL BE AVAILABLE AFTER THE TRACK MEET AT www.athletic.net
- A CONCESSION STAND WILL BE OPEN FOR ALL PARTICIPANTS AND SPECTATORS. WE WILL PROVIDE TICKETS TO ALL COACHES REDEEMABLE FOR FOOD AT THE CONCESSION STAND.

THANK YOU FOR COMPETING AT THE 2017 SMITHVILLE JV INVITATIONAL.

